



## Lee County Sheriff's Office Pharmacy Plan for 2011

CIGNA administers your prescription benefit plan on behalf of Lee County Sheriff's Office. The pharmacy benefit includes:

- 24-hour, 365-day-a-year Customer Service Call Center
- Customer Service toll free number 1-800-244-6224
- A national network of over 54,000 retail pharmacies
- Convenient shipment of your medications through the Home Delivery program
- A web site offering valuable claim and plan cost information

### Copayments for your prescription program

	Prescriptions from a <b>Retail Pharmacy</b> (Up to a <b>30-day supply</b> )	Prescriptions from <b>CIGNA</b> <b>Home Delivery Pharmacy</b> (Up to a <b>90-day supply</b> )
Generic	\$5.00	\$10.00
Preferred Brand	\$15.00	\$30.00
Non-Preferred Brand	\$30.00	\$60.00

### How to get prescriptions from a local retail pharmacy

You will receive a combined medical and prescription ID card showing the CIGNA logo. You'll need to show this ID card to your pharmacist each time you get a prescription filled. When making your purchase, you will need to pay the required copayment charge at the point of sale. There are numerous chain retail pharmacies in the CIGNA network. To locate pharmacies near you that are in the CIGNA network, visit the web site at [www.CIGNA.com](http://www.CIGNA.com).

### How to use Home Delivery

You are entitled to have your prescription medications shipped directly to your home. This benefit is currently covered under your existing health plan, and is available at no additional cost to you. And standard shipping is free.

If you take prescription medications for asthma, heartburn, high blood pressure, allergies, high cholesterol or other long-term conditions, consider ordering your medications through CIGNA Home Delivery Pharmacy.

**Home Delivery offers the following benefits:**

- Prescriptions are delivered directly to your home — with free standard shipping.
  - You get up to a 90-day supply of your medications — which means fewer refills and visits to your pharmacy.
  - You can speak with a pharmacist anytime, day or night.
  - Once you begin using Home Delivery, you can order refills online or by phone.
- CoachRx: a free tool that is available if you use CIGNA Home Delivery Pharmacy. It can help with reminders, coupons and information about your prescriptions. More information at [www.CIGNA.com/coachrx](http://www.CIGNA.com/coachrx)

**To have your prescriptions delivered to your home:**

Online:

1. Visit [www.myCIGNA.com](http://www.myCIGNA.com)
2. Activate your account.
3. Follow the prompts to change prescriptions to Home Delivery or fill a new prescription.

By Mail:

1. Ask your doctor to write a prescription for up to a 90-day supply of your medication (plus refills for up to one year, if appropriate).
2. Download an order form from [myCIGNA.com](http://myCIGNA.com).
3. Mail your completed form, prescription and copayment to CIGNA Home Delivery Pharmacy, P.O. Box 1019, Horsham, PA 19044.. When your order is received, your prescription will be filled and sent to you in seven to 10 days.

By Phone:

1. Have your medication, doctor's name and credit/debit card information ready.
2. Call 1.800.285.4812, option 1, ext. 508
3. CIGNA will request a prescription from your doctor for a 90 day supply with refills.

You may choose the following payment options: Credit/Debit Card (American Express, Discover, MasterCard, and Visa); Check or Money Order.

***If you need an order form, please visit [www.myCIGNA.com](http://www.myCIGNA.com) to print one. If you don't have access to a computer, please call the CIGNA toll-free number on the back of your card to request one.***

<b>Prescription Services Online</b>
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CIGNA provides 24-hour online access to information regarding your prescription benefit. Visit the website today to:

- Compare prices, track order and ship dates, see the number of refills you have left.

- Choose doctors and create a list of nearby hospitals and pharmacies.
- Verify plan detail such as coverage, copays and deductibles.
- Find personalized health and wellness recommendations.
- Learn about health conditions, treatments and medications.
- Organize and track all medical expense information.
- Compare prices, track order and ship dates, see the number of refills you have left.

**Register now at [www.myCIGNA.com](http://www.myCIGNA.com)**

Accessing your prescription benefit online is quick and easy; just go to [www.myCIGNA.com](http://www.myCIGNA.com) and complete our brief registration process to get started. You'll have the information you need about your prescription benefit right at your fingertips.

## Benefits

Highlights of your pharmacy benefit for 2011.

### **Generic Policy (Dispense as written - 3 tier)**

#### **What are generic drugs?**

Generic drugs are copies of brand-name drugs whose patents have run out. That is, a generic drug has the same chemical makeup as the original brand-name drug. Generics account for more than 45% of all medications prescribed in the U.S. More people are choosing them because they're:

- **safe** – they have the same active ingredients and are used in the body the same way as their original brand-name drugs. They're also approved by the U.S. Food and Drug Administration (FDA), just like brand-name drugs.
- **effective** – they're just as strong and deliver the same medical benefits as the brand-name drugs.
- **less expensive** – they aren't advertised like brand names, and they cost less to produce, so *the savings are passed along to you* in the form of a lower copayment.

#### **How does the generic policy work?**

The next time you refill a prescription, you may be able to choose either the brand-name or the generic drug.

- If you choose the generic, your copayment will be less than for a brand-name drug.
- If you choose the brand-name, you'll pay your copayment *plus* the difference in cost between the generic and the brand-name drug.

# CIGNA HealthCare Prior Authorization Drugs

The CIGNA HealthCare Pharmacy and Therapeutics Committee, a panel of participating network doctors and pharmacists, regularly evaluates the safety and effectiveness of prescription medications that are included on the CIGNA Prescription Drug List using the latest medical research and guidelines from the U.S. Food and Drug Administration (FDA) and national medical organizations. This evaluation also includes the determination of which drugs will require prior authorization based on safety, appropriate use or benefit design.

For medications or doses that require prior authorization, your doctor may call in the information or fax the appropriate prior authorization form to CIGNA HealthCare to request coverage for the prescription. Your doctor should make this request before writing the prescription. To determine if prior authorization is required, your doctor should check the CIGNA Prescription Drug List or visit [www.cigna.com](http://www.cigna.com) for our complete prescription drug list.

If the request is approved, the doctor will receive a fax confirmation. The authorization will then be processed in our claim system to allow you to have coverage for this drug. The length of the authorization will depend on the diagnosis and drug. When your physician advises you that the drug has been approved, you should contact a participating pharmacy to fill the prescription(s). If the request is denied, you and your doctor will be notified that coverage for the drug is not authorized.

- If you have questions, please call Member Services at the toll-free number on your CIGNA HealthCare ID card.

**AGE** indicates that the drug requires prior authorization if your age meets the age limit shown.  
**PA** indicates that the drug routinely requires prior authorization to ensure appropriate treatment regimens are followed.  
**QL** indicates that the drug requires prior authorization only when the quantity requested exceeds certain limits.

Common Brand Name	Reason	Common Brand Name	Reason	Common Brand Name	Reason
Accutane	QL	Fragmin	QL	Pulmozyme	PA
Aciphex	PA	Frova	QL	Regranex	PA
Actiq	PA	Gleevec	PA	Relenza	QL
Agrylin	PA	Glucagon	QL	Relpax	QL
Amerge	QL	Imitrex	QL	Retin-A, Retin-A Micro	AGE ≥ 46
Anzemet	QL	Innohep	QL	Revatio	PA
Arava	PA	Iressa	PA	Revia	QL
Arixtra	QL	Kytril	PA, QL	Sporanox	PA, QL
Avita	AGE ≥ 46	Lamisil	PA	Sprycel	PA
Axert	QL	Lariam	PA, QL	Synarel	PA, QL
Celebrex	PA	Lovenox	QL	Tamiflu	PA, QL
Claravis	QL	Malarone	PA	Tarceva	PA
D.H.E. 45	QL	Maxalt, Maxalt MLT	QL	Toradol	PA, QL
Differin	AGE ≥ 46	Migranal	QL	Vfend	PA
Diflucan (150 mg)	QL	Nexium	PA	Zegerid	PA
Dostinex	QL	OxyContin	QL	Zithromax	QL
Duragesic	QL	Panretin	PA	Zmax	QL
Emend	QL	Penlac	PA	Zofran, Zofran ODT	QL
Epipen, Epipen, Jr.	QL	Prilosec	PA	Zomig, Zomig ZMT	QL
Exubera (combo pkg. & kit)	PA	Proscar	AGE < 39	Zyvox	PA

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CIGNA HealthCare

- 594266d Enhanced – All Modules, A, B & C (Benefits Exclusion, Utilization & Unit Cost Management & Intensive Appropriateness of Use)

## Specialty Medications

Specialty medications can be obtained through CIGNA Home Delivery Specialty Pharmacy. To receive your next supply of the specialty medication(s), call CIGNA Home Delivery Specialty Pharmacy at 1.800.351.3606 to speak with a specialist who will place your order. CIGNA Home Delivery Specialty Pharmacy will coordinate any necessary insurance approvals. Your medication can be sent to your doctor's office, your home or most other locations you choose at no additional cost.

In addition, you'll have other benefit through CIGNA, including:

- Access to specialty experts dedicated to serving you with a higher level of personal care
- Care management programs to help ensure you're taking medications correctly and to provide the support you need to manage your condition
- A patient care coordinator who will provide comprehensive clinical management services
- Supplies for administering your medications – such as syringes, needles and sharps containers

CIGNA Home Delivery Specialty Pharmacy is dedicated to helping you manage your sensitive specialty medication needs with pharmacists available 24/7. If you have any questions regarding your specialty pharmacy prescriptions, please call 1.800.351.3606.

## STEP THERAPY

Your pharmacy benefit plan will use a program called Step Therapy.

### What Should I Know About Step Therapy?

Step Therapy requires that at least one Step 1 medication be used before a Step 2 medication is eligible for coverage without prior authorization. Step Therapy also requires that at least one Step 2 medication be used before a Step 3 medication is eligible for coverage without prior authorization.

Step 1 Medications (Automatically Covered): These are typically generic medications, as listed on our prescription drug list. Generics have the same quality, strength, purity and stability as their brand-name counterparts, yet are typically less expensive. Step 1 medications do not require prior authorization for coverage.

Step 2 Medications (Medications Requiring Step Therapy): Typically, medications listed as “preferred brand” on our prescription drug list would be available as Step 2 medications. If you have tried a Step 1 medication and your doctor determines it was not right for you due to medical reasons, then a Step 2 medication would be the next choice.

If a Step 1 medication was already tried, then a Step 2 medication would be available without need for prior authorization for coverage. However, if your doctor believes your treatment plan requires a Step 2 medication initially; your doctor can request prior authorization at any time.

Step 3 Medications (Medications Requiring Step Therapy): Typically, medications listed as “non-preferred brand” on our prescription drug list would be available as Step 3 medications. If you have tried a Step 1 and Step 2 medication and your physician determines it was not right for you due to medical reasons, then a Step 3 medication would be the next choice. If a Step 1 medication and a Step 2 medication were already tried, then a Step 3 medication would be available without need for prior authorization for coverage. However, if your doctor believes your treatment plan requires a Step 3 medication initially; your doctor can request prior authorization at any time.

The following is a list of medications included in the Step Therapy Program. For more information on how Step Therapy works, contact a CIGNA Representative at 800-244-6224.

CIGNA Step Therapy Medications

Indication	Step 1 Medications *	Step 2 Medications **	Step 3 Medications ***
Heart and hypertension	benazepril, benazepril/HCTZ, captopril, captopril/HCTZ, enalapril, enalapril/HCTZ, fosinopril, fosinopril/HCTZ, lisinopril, lisinopril/HCTZ, losartan, losartan/HCTZ, moexipril, moexipril/HCTZ, perindopril, quinapril, quinapril/HCTZ, trandolapril	Altace Diovan Diovan HCT Tekturna Tekturna HCT Valturna	Accupril, Accuretic, Aceon, Atacand, Atacand HCT, Avapro, Benicar, Benicar HCT, Capoten' Capozide, Cozaar, Hyzaar, Lotensin, Lotensin HCT, Mavik, Micardis, Micardis HCT, Monopril, Monopril HCT, Prinivil/Zestril, Prinzide/Zestoretic, Teveten, Teveten HCT, Tribenzor, Uniretic' Univasc, Vaseretec, Vasotec
Cholesterol	Lovastatin, pravastatin, simvastatin	Lipitor 10mg, 20mg, 40mg	Altroprev, Crestor 5mg, 10mg, Livalo, Mevacor, Pravachol, Zocor
Heartburn and Acid Reflux	Lansoprazole, omeprazole, omeprazole/sod bicarb 20mg, 40mg capsules, pantoprazole	Dexilant	Aciphex, Nexium, Prevacid, Prilosec, Protonix, Zegerid

\*Step 1 medications are typically generics

\*\*Step 2 medications are typically Preferred Brand medications

\*\*\*Step 3 medications are typically Non-Preferred Brand medications